



FREE Food Resources Macon and Trousdale Counties

- Always contact the location **FIRST** to ensure someone is available to provide assistance.
- Please be sure to have the following with you when you arrive to these locations:
 - ✓ Your picture ID
 - ✓ A bill or letter with your current address
 - ✓ Your child's birth certificate(s)

<p><u>Macon Helps</u> 111 Main Street, Lafayette 615-666-6607 *Monday thru Fridays 8am-3pm*</p>	<p><u>Called Out Ministries Worship Center</u> 232 Main St, Red Boiling Springs 615-669-4514 *Thursdays 12pm-5pm*</p>	<p><u>Bethel Family Worship Center</u> 101 Church Street, Lafayette 615-666-5738 *Monday thru Thursdays 8am-1130am*</p>
<p><u>Amazing Grace Mission of Sumer County</u> 1037 Park Street, Westmoreland 615-644-4357 *Tuesdays & Wednesdays 10am-2pm*</p>	<p><u>Community Connection Church of God</u> 654 Hwy 54W Bypass, Lafayette 615-688-2424 *3rd Monday of each month at 1130am*</p>	<p><u>Journey Church</u> 205 Broadway, Hartsville, TN 615-566-5362 *2nd Monday of each month* *4th Monday of each month* <i>**Call for time details*</i></p>
<p><u>Community Help Center Trousdale County</u> 120A McMurry Blvd, Hartsville 615-374-2904 *Tuedays & Thursday 8am-5pm* *Saturdays 10am-1pm*</p>		<p><u>Mid-Cumberland Community Action Agency</u> 106 Project Lane, Hartsville 615-374-3489 *Monday & Wednesdays 8am-430pm*</p>

For additional information for services or needs not listed, patient or parent/guardian can contact 615-451-9246 Ext 244.

WIC / Health Departments

- When calling for WIC services: call at opening time (730am - 830am) for same day assistance

<p><u>Macon County</u> 601 Hwy 52 By-Pass East Lafayette, TN 37083 Phone: 615-666-2142</p>	<p><u>Trousdale County</u> 541 East Main Street Hartsville, TN 37074 Phone: 615-374-2112</p>
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This is a free information and referral search tool that accesses more than 10,000 health and human service programs in the Middle Tennessee area. The database can be accessed at www.211tn.org (Tennessee) or www.211.org (National), or **call 211** to speak with a representative.